



RULES OF THE XIV CALAMORRO SKYRACE & CxM Calamorro

Benalmadena (Malaga, Spain) 5-6th April 2024

ORGANISED BY:



IN COLLABORATION:



Article 1: Place, date and races

The event will take place on Saturday **6th April 2024**, with the start and finish of each respective distance at the sport centre of “Benalmadena Pueblo”, starting from 17:00.

The races will have the following distance:

- **Calamorro Skyrace (27k /+2200m): Start at 17:00h (Female) and 17:00h (Male)**
- **CxM Calamorro Open / Junior / Juvenil (10,2k/+584m): Start at 18:00h (Female and Male)**

Article 2: Categories and distances

Participation in the races will be individual.

Participation is open to everyone over 17 years of age, up to a maximum of **850 participants**, and in strict order of registration, for the following categories:

- **Calamorro Skyrace (27k /+2200) (350 participants)**

Category	Masculine	Femenine
ABSOLUTE	Over 18 years of age (Reached at the date of the race)	
Subcategory Promise	21, 22 and 23 years of age (24 years not reached during the year of the race)	
Subcategory Senior	24 to 39 years of age (Reached during the year of the race)	
Subcategory Veteran A	40 to 49 years of age (Reached during the year of the race)	
Subcategory Veteran B	50 to 59 years of age (Reached during the year of the race)	
Subcategory Veteran C	Over 60 years of age (Reached during the year of the race)	
Subcategory Local (Benalmádena)	Over 18 years of age (Reached at the date of the race)	

- CxM Calamorro Open / Junior / Juvenile (10,2k / +584) (500 participants)

Category	Masculine	Femenine
Juvenile	17 and 18 years of age (Under 19 years during the year of the race)	
Junior	19 and 20 years of age (Under 21 years during the year of the race)	
Subcategory Promise	21, 22 and 23 years of age (24 years not reached during the year of the race)	
Subcategory Senior	24 to 39 years of age (Reached during the year of the race)	
Subcategory Veteran A	40 to 49 years of age (Reached during the year of the race)	
Subcategory Veteran B	50 to 59 years of age (Reached during the year of the race)	
Subcategory Veteran C	Over 60 years of age (Reached during the year of the race)	
Subcategory Local (Benalmádena)	Over 18 years of age (Reached at the date of the race)	

The Juvenile categories must provide an authorisation from their parents or guardians when collecting the bib, ("Minor Liability Disclaimer"). The form is available on the event website or can be requested when collecting the bib.

1. For the most experienced runners, there will be the 27 km CALAMORRO SKYRACE, which has very technical sections and an accumulated total of 4400m, of which 2270m is positive.
2. In case of adverse weather conditions the organisation has an alternative circuit B which will be that of CXM Calamorro OPEN which will be performed 2 times 2x(10,2 km / +584 m) and a last alternative circuit C which will be that of CXM Calamorro OPEN with a distance of 10,2 Km / + 584.

Article 3: Registrations and fees

There will be a maximum of 850 participants and the following has to be taken into account:

- **Registration will open from December 1, 2023 to March 15, 2024.**
- Registrations will not be accepted after the deadline or when the quota of participants has been reached.

REGISTRATION FEES

DEADLINES	MODALITY	RACE	FEES
01/12/2023 to 15/03/2024	FEDERATED PARTICIPANTS FEDME/FADMES/FOREIGNERS	Calamorro Skyrace	50 €
	FEDERATED PARTICIPANTS FEDME/FADMES/FOREIGNERS	CxM Calamorro (Open)	22 €
01/12/2023 to 15/03/2024	PARTICIPANTS NON-FEDERATED AND NON-FEDERATED FOREIGNERS PARTICIPANTS	Calamorro Skyrace	55 €
	PARTICIPANTS NON-FEDERATED AND NON-FEDERATED FOREIGNERS PARTICIPANTS	CxM Calamorro (Open)	27 €

Payment of the registration fee entitles you to:

- Accident Insurance (for non-federated and foreigners)
- Refreshment stations along the route
- Refreshments at the finish line
- Participant's bag with commemorative garment and other products (Detail: Web/Social Network)
- Closing dinner
- Professional photos during the race and at the finish line.
- Professional DJ concert
- Cash prizes (only Calamorro Skyrace 27 Km)
- Gift draw (subject to availability of sponsoring brands).
- Cloakroom service and changing rooms/showers on the event site.

Once registration is completed, 70% of the fee only will be refunded in the event of injury, illness or work-related imperative, if communicated by 31th January. Presentation of a doctor's or employer's certificate will be required.

BIB EXCHANGES/TRANSFERS are allowed until 1st February but a € 5.00 handling fee will be charged. From 1st Mars onwards, bib exchanges/transfers will no longer be possible.

Article 4: Programme and Bibs

Bib collection will be possible from Friday 5 April from 18:00 to 20:00 at the municipal sports centre of Benalmadena Pueblo, and on the day of the race from 10:00 until 13:00 from the start area. It will be essential to present a DNI/ID/Passport, and for federated runners a FEDME/FADMES Federative Licence.

From 16:30, the bibs will be checked and a brief explanation of the route will be given. The runner's bag will be handed out when collecting the bib.

On Friday 5th April at Benalmádena Pueblo Sport Centre, there will be an **informative and technical talk**. This will take place at 19:30 in a room set up and communicated well in advance by the organisers.

Date	From	To	Action	Place
05/04/2024	18:00	20:00	Bibs hand out	Benalmádena Municipal Sport Centre
05/04/2024	19:00	19:30	Interviews and bibs for Elite Runners	Benalmádena Municipal Sport Centre
05/04/2024	19:30	20:00	Technical Talk	Benalmádena Municipal Sport Centre
06/04/2024	10:00	13:00	Bibs hand out	Benalmádena Municipal Sport Centre
06/04/2024	17:00	23:00	Mass start Calamorro SKYRACE Absolute Women Category	Benalmádena Municipal Sport Centre
06/04/2024	17:30	23:00	Mass start Calamorro SKYRACE Absolute Male Category	Benalmádena Municipal Sport Centre
06/04/2024	18:00	20:45	Mass start CxM Calamorro Open/Junior/Juvenil	Benalmádena Municipal Sport Centre
06/04/2024	19:45	23:30	Closing Dinner	Benalmádena Municipal Sport Centre
06/04/2024	20:45	21:15	Award Ceremony CxM Calamorro OPEN/Junior/Juvenil	Benalmádena Municipal Sport Centre
06/04/2024	22:00	22:30	Award Ceremony CALAMORRO SKYRACE 2024	Benalmádena Municipal Sport Centre
06/04/2024	21:00	00:00	DJ Concert + Bar	Benalmádena Municipal Sport Centre
06/04/2024	00:00	00:00	Closing of the event	Benalmádena Municipal Sport Centre

Article 5: Signposting

The route will be signposted with pieces of brightly coloured tape in urban areas and banners, signs and reflective arrows on all the routes. Volunteers or organisation personnel will also be available at key places. It will be compulsory to pass through the established controls.

Article 6: Cut-off time

There will be a closure of checkpoints.

Participants who exceed the cut off time will have to withdraw from the race, as neither the organisers nor the support services will be able guarantee their security.

"Broom runners" or the person in charge of a checkpoint will also have the right to decide whether a participant should leave the race if their time or physical condition is judged unsatisfactory.

If a participant withdraws from the race. He/she must notify it to the nearest checkpoint and hand over his/her race bib to the organisers.

The checkpoints will be located as follows:

CALAMORRO SKYRACE (27k)

- **1st Control START LINE:** Benalmadena Pueblo municipal sport centre.
- **2nd Control: Km 3,7:** Refreshment 1 - **Calamorro Peak** (Time Control)
- **3rd Control: Km 9,5:** Refreshment 2 - Sport Centre Tunnel (Time Control and Step Control)
- **4th Control: Km 13,3:** Refreshment 3 - **Castillejo Peak** (Time Control and Step Control)
- **5th Control: Km 17,5:** Refreshment 4 – Mijas road (Time Control)
- **6th Control: Km 20,7:** Final 3rd Uphill Antennas (Time Control)
- **7th Control: Km 23,8:** Refreshment 5 – Buddhist Stupa Tunnel (Time Control)
- **8th Control: Km 26,6:** Tunnel Municipal Sport Center
- **Control FINISH LINE:** Benalmadena Pueblo municipal sport center.

Control Nº	Title	Distance (km)	From	Cut-off Time
1	Start Line	-	17:00	-
2	Refreshment 2 - Sport Centre Tunnel	9.4	18:03	19:00
3	Refreshment 3 – Castillejo Peak	13.1	18:40	20:30
6	Finish Line	27	20:00	23:00

Article 7: Refreshments and passage times

CALAMORRO SKYRACE (27k)

Refreshment Station	Title	Distance (km)	Estimated time first / last participant	Station's details
1	Calamorro	3,7	17:32 / 18:55	Water, isotonic drinks, dates, sponge, cake, fruit.
2	Sport Centre Tunnel	9,4	18:03 / 19:00	Water, isotonic drinks, dates, sponge cake, fruit.
3	Antennas	13,1	18:40 / 20:30	Water, isotonic drinks, bananas, quince jelly, bars.
4	Mijas Road/Bottling Company	17,5	18:58 / 21:15	Water, isotonic drinks, oranges, dates, sponge, cake, fruit
5	Buddhist Stupa Tunnel	23,8	19:46 / 22:30	Water, isotonic drinks, bananas, quince jelly, bars.
6	Finish Line	26,8	20:00 / 23:00	Water, isotonic drinks, sweets, mixed fruits salad, dry fruits.

CxM CALAMORRO OPEN / JUNIOR / JUVENILE (10,2k)

Refreshment Station	Title	Distance (km)	Estimated time first / last participant	Station's details
1	Calamorro Peak	3,2	18:45 / 19:35	Water, isotonic drinks, dates, sponge, cake, fruit.
2	Finish Line	10,2	19:15 / 20:45	Water, isotonic drinks, sweets, bananas, oranges, mixed fruits salad, dry fruits.

Article 8: Award Ceremony

The podium prizes will be for the first 3 classified of each of the categories and subcategories, with the exception of the absolute category of CALAMORRO SKYRACE (27 Km) which will be up to the 10th place (Male and Female).

These prizes will not be cumulative to all categories and subcategories except for the “Local” category, which will be cumulative.

The trophies and prizes will be awarded solely and exclusively to the winners of the same. If the winners are not present at the podium presentation ceremony, it will be considered that they renounce to the said trophies/prizes and will be disqualified. Any delegation to another person must be justified and communicated to the organisers at least one hour before the presentation ceremony.

The Award Ceremony will take place on 6th April 2024 at the podium "Zona de Meta" (finish line) at 20:30 to CXM CALAMORRO (Open/Junior/Juvenil) and at 22:00 to CALAMORRO SKYRACE.

PRIZES:

- Calamorro Skyrace 27K

Category	Masculine	Femenine	Prizes
ABSOLUTE	Over 18 years of age (Reached at the date of the race)		1 st (masculine and feminine): trophy + 1.200€ 2 nd (masculine and feminine): trophy + 1.000€ 3 rd (masculine and feminine): trophy + 600€ 4 th (masculine and feminine): 300€ 5 th (masculine and feminine): 200€ 6 th -10 th (masculine and feminine): 100€
Subcategory U23	21, 22 and 23 years of age (24 years not reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Subcategory Senior	24 to 39 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Subcategory Veteran A	40 to 49 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Subcategory Veteran B	50 to 59 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Subcategory Veteran C	Over 60 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Local Absolute (Registered in Benalmadena)	Over 18 years of age (Reached at the date of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy

CxM Calamorro Junior/Open 10,2 K

Category	Masculine	Femenine	Prizes
Juvenile	17 and 18 years of age (Under 19 years during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Junior	19 and 20 years of age (Under 21 years during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Absolute OPEN	Over 21 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy
Local Absolute (Registered in Belnamadena)	Over 21 years of age (Reached during the year of the race)		1 st (masculine and feminine): trophy 2 nd (masculine and feminine): trophy 3 rd (masculine and feminine): trophy

Article 9: Disqualifications

Participants will be **disqualified** if they do not comply with the present rules, do not complete the entire route, cut off marked trails, damage the environment or throw litter, do not have their bib clearly visible or disregard the instructions of the Organisers/Volunteers/Referees.

Article 10: Changes to the route

The organisers have the right to make any modifications to the itinerary/timetable if they consider it necessary and if the different conditions make it advisable at the time of the race. In case of adverse weather conditions or force majeure, the organisers can decide to suspend the race.

The organisers (at their discretion) also have the right to cancel the race if risk situations occur that could endanger participants, volunteers and the organisers.

Under no circumstances will the registration fee be refunded.

Article 11: Responsibility

Participants are obliged to help those who have had an accident and to respect the rules of traffic.

The organisers decline all responsibility in the event of accident, negligence, as well as the deterioration or loss of each runner's belongings. Participants exonerate the organisers from all responsibility in the event of accident or injury. In any matter not covered by these regulations, the organisers' criteria will apply. Please note however that medical services will be available at the race.

Article 12: Physical condition

It is necessary to have the physical condition and state of health appropriate to the characteristics of this very tough event, which combines high mileage, long duration, mountainous terrain, steep slopes, exposure to the sun and night, wind and rain.

Article 13: Mandatory and recommended material

Depending on weather conditions, participants may be required to wear a waterproof jacket with hood (minimum 10,000 columns), long tights, gloves, hat/buff and sunglasses.

COMPULSORY EQUIPMENT:

- Visible race bib.
- 500 ml liquid container.
- Windbreaker with hood and of the participant's size.
- Thermal blanket measuring at least 210 cm x 120 cm.
- Headlight with spare batteries or recharged battery (2 headlights recommended).
- DNI/ID Card/Passport.
- Mobile phone switched on and with sufficient battery.

It is compulsory to wear suitable footwear for the race.

A material control will be carried out at the START and FINISH LINE, as well as at any point along the route. Participants are obliged to submit to this material control and may be penalised/disqualified if the rules are not respected.

Article 14: Advice

It is advisable to drink at all refreshment stations and to eat properly.

Participants should consider the possibility of carrying additional liquid and/or solids with them.

The race takes place in a protected area of great natural beauty, so it is the obligation of all participants to preserve the environment. Throwing litters outside the control and/or refreshment areas will result in disqualification.

Article 15: Security

The organisers will have the logistical support of Civil Defence (Protección Civil), the Fire Brigade, the Local Police, the "Guardia Civil", as well as the competent bodies responsible for maintaining the security of the event.

Article 16: Protection of the environment

This project has been sent to the Environmental Delegation of the Benalmadena Town Council for approval, and there is evidence that it will be validated by this body in a short period of time.

Article 17: ECO RACES

This race is part of the Eco Races environmental programme, promoted by the Benalmadena Alpine Group.

What is our ECORACES system based on?

- Placement of selective waste bins at all refreshment stations and at the finish line.
- Labelling with the bib number of any disposable objects carried by the participant (gels, bars, water bottles, etc.).
- No cups will be given at the refreshment stations. Each runner must carry his/her own container for liquid.
- Replacement of all plastic utensils by those made with other materials (cups, plates, forks, etc.).
- Non usage of tapes to mark the course, it will be marked instead with reusable flags and signs.
- Recycling of all waste produced during the event (water bottles, beer and soft drink cans, cardboard and paper, cardboard cups).
- Use of cloth bags when handing out gifts to each runner.
- Elimination of the plastic bag in which the T-shirts we give away are usually packed.
- Cleaning maintenance and clearing of the paths where the race takes place.
- Collaboration with the town hall through talks to bring awareness on recycling and the environment. Clean-up days in our mountains and reforestation days.

Article 18: Compliance with the Organic Law 15/1999 on personal data protection, image and publicity

In accordance with the provisions of the Organic Law 15/1999, of 13th December, covering the Protection of Personal Data, participants give their consent for their data to be included in an automated file owned by the organisers of this event.

The organisers have the exclusive rights on the images, photographs, videos and news/information related to the event and in which the participants may appear. The organisers also have the right to use this material for advertising, public relations or any other journalistic or promotional purposes of the event. Any media or advertising project must have the prior consent of the organisers.

By registering for the event, participants provide their data and give their consent for the organisers to process it for the management of the competition, as well as for any promotional purposes related to their participation in the event involving sponsors or collaborators of the event.

Anyone can request and use his/her right to access, rectify, cancel and oppose that his/her data and images be used by sending an e-mail to the following e-mail: **grupo.alpino.benalmadena@gmail.com**.

Article 19. ANTIDOPING NORM

We would like to remind you that, in accordance with the regulations set out in the Organic Law 11/2021, of 28th December, on the fight against doping in sport and with the Resolution of 25th November 2021, of the Presidency of the Higher Sports Council, who approves the list of substances and methods prohibited in sport, all sportspersons licensed to participate in official state-level competitions will be obliged to comply, during and outside of competition, with the controls determined by the Spanish Commission for the Fight against Doping in Sport (CELAD). For further information, please consult:

Comisión Española para la lucha Antidopaje en el Deporte

<https://celad.culturaydeporte.gob.es/inicio.html>

Athletes must be in possession of their ID card/Passport at all times during the competition, in case of doping control.

Article 20: Acceptance of the rules

All participants must be familiar with the present regulations. It is considered that the fact of registering and participating in the race means the acceptance of the same, as well as of the final dispositions that the organisers may be obliged to take.

For all matters not covered by these rules, the race will be based on the **ISF (International Skyrunning Federation) Regulations**.

This race will be controlled by international referees of the ISF (International Skyrunning Federation).